

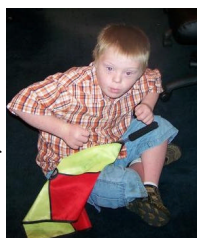


The Commission for Children with Special Health Care Needs has received a grant from HRSA to create Family to Family Health Information Centers throughout the Commission

offices. The Centers will be staffed by "Support Parents" (mentors), who are parents of children with special needs. "Support Parents" provide key support to families of individuals with special needs. We offer parents/caregivers the opportunity to connect with another parent/caregiver with a similar situation or special health care need — someone who has "been there."

A "Support Parent" is a veteran parent or primary caregiver of an individual with special health care needs who is willing to help other families in similar situations to those they have faced.

"Support Parent" is a person who wants to reduce the feelings of isolation for other families of individuals with special health care needs and allow others to benefit from their experiences. A Support Parent provides a safe listening environment and a wealth of information to other families.



Would you like to share your expertise and help other families with children and youth with special health care needs navigate the health care maze?

If you would like more information about the Kentucky Family to Family Health Information Center please contact us.

5850 US 60, Summit Plaza
Ashland, KY 41102
606-929-9155
800-650-1329

F2F Health Information Centers

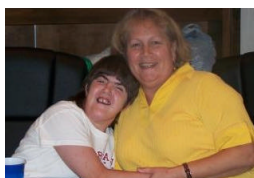
Barbourville
110 Johnson Lane
Barbourville, KY 40906
606-546-5109
800-348-4279

Bowling Green
495 Three Springs
Road
Bowling Green, KY
42104
270-746-7816
800-843-5877

Elizabethtown
580 B Westport Road
Elizabethtown, KY
42701
270-765-6982
800-995-6982

Hazard *
68 Independence
Drive
Hazard, KY 41701
606-435-6167
800-378-3357

Lexington *
333 Waller Ave.,
Suite 300
Lexington, KY 40504
859-252-3170
800-817-3874



Centers to be open by December 2009 are indicated by * other centers will follow.

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Louisville *
310 Whittington Parkway
Louisville, KY 40222
502-429-4430 Ext. 279
800-232-1160

Morehead
214 W. First St.
Morehead, KY 40351
606-784-3049
800-928-3049

Owensboro *
1600 Breckenridge, Suite
1200
Owensboro, KY 42302
270-687-7038
877-687-7038

Paducah *
400 Park Avenue, Bldg. D
Paducah, KY 42001
270-443-3651
800-443-3651

Prestonsburg
5000 KY Route 321
Prestonsburg, KY 41653
606-889-1761
800-594-7058

Somerset
Professional Plaza
401 Bogle St., Suite 104
Somerset, KY 42503
606-678-4454
800-525-4279



Helping families of children and youth with special health care needs and the professionals that serve them.

Western Region
Sondra Gilbert
Sondra.Gilbert@ky.gov
270-852-2918
877-687-7038 Ext. 2123

Eastern Region
(Including Louisville)
Debbie Gilbert
DebbieA.Gilbert@ky.gov
502-429-4430 Ext. 279
800-232-1160 Ext. 279

Family to Family Health Information

Centers (F2F HICs) are family run centers that assist families of children and youth with special health care needs (CYSHCN) and the professionals who serve them. F2F HICs provide support, information, resources and training.



Parents and families with children that have special health care needs often

need help navigating the complicated issues surrounding health care.

The KY Family to Family Health Information Center (F2F HIC) can help you and your family by providing the information needed so you can make better informed choices.

Our goal is to help keep your child healthy by promoting regular medical care.

The F2F HIC provides information education, referrals, and training to promote access to community based, self-directed services that are available to your child with special needs.

... keeping families at the center of children's health care.

Activities of F2F HICs

- ?? Assistance to families and professionals
- ?? Information, education, training, support, and referral services
- ?? Outreach to underserved/underrepresented populations
- ?? Guidance on public health programs and policy
- ?? Collaboration with other F2F HICs, family groups, and professionals in efforts to improve services for CYSHCN
- ?? Support Parent for one to one support
- ?? Lending Library
- ?? Individual assistance with health care issues



Questions frequently asked of F2F HICs

- ?? *Is there a health insurance program that will pay for my child's medical needs?*
- ?? *My insurance does not provide for all the care my child needs. Are there other programs available to assist?*
- ?? *My child is very medically complicated. How can I best work with her doctors?*
- ?? *Where can I find a support group for families of children with my child's disability?*
- ?? *Medicaid has denied payment of some of my child's services. What do I do now?*
- ?? *How can I get respite?*
- ?? *My child needs a piece of equipment. How can I get the equipment I need?*

KENTUCKY
COMMISSION FOR CHILDREN
WITH SPECIAL HEALTH
CARE NEEDS